

# The Prostate Project Support Group Newsletter November 2020

Hi Gentlemen,

With so many opportunities now being available to you all I will not be having a Zoom meeting in November. Our next Zoom meeting will be on Tuesday December 15th at 10.30. This is the day before we should have been flying off to Mexico, yet another cancelled holiday.

With the news of possible vaccines being available in December or January I am trying to maintain a positive attitude and hope that 2021 will be a huge improvement on 2020. Who knows, we may even be able to meet up again in a physical meeting.

Listed below are several opportunities for you to join. One of our members who joined Reading's meeting earlier this month recommended it to you all saying how good and interesting it was. As a reminder I have included the original invitation to us with the dates of all meetings until March

# **Reading Support Group**

The next six group meetings in Zoom have been set up as recurring meetings which means that they will all use the same link. Please see below the invitation and link to the meeting on the 2nd October and you will see also the dates for the other five meetings. As usual the talk will start at 6:45 p.m. and you can join the meeting at any time from 6:15 p.m. If you have any difficulty in joining the meeting you can call the RPCSG help number 0118 357 0482.

# >>>>

Chris Addison is inviting you to a scheduled Zoom meeting.

Topic: RPCSG Monthly Meeting - First Friday from 6.15 pm Time: Oct 2, 2020 06:15 PM London

Every month on the First Fri, until Mar 5, 2021, 6 occurrence(s) Oct 2, 2020 06:15 PM Nov 6, 2020 06:15 PM Dec 4, 2020 06:15 PM Jan 1, 2021 06:15 PM Feb 5, 2021 06:15 PM Mar 5, 2021 06:15 PM

Please download and import the following iCalendar (.ics) files to your calendar system.

Monthly: <u>https://zoom.us/meeting/tJwtf-</u> <u>6prTkqHdJ2\_amjbo2DLTMH1ogu7Scc/ics?icsToken=98tyKuCgrjMtG9eXsB6BRow-</u> <u>AoqgKOvztnpfgqd3ziDkDipRbVHSGtZvGuNwF82H</u>

Join Zoom Meeting https://zoom.us/j/98087132076?pwd=MnNGVnZkOURBMkQrZWQ1ZkJSYmV6QT09

# Your next invitation comes from Prostate Cancer UK and is this Monday. I believe I have sent this out before and am not sure how many places are left.

This multi-centre, phase II trial is being conducted in men with castration resistant prostate cancer. The aim of the TRAP trial is to test whether a new precise radiotherapy technique called stereotactic body radiotherapy (SBRT) can slow down the growth of metastatic prostate cancer. If SBRT is effective it will represent a new treatment option in these patients, providing more prolonged control without having to resort to chemotherapy and its potentially unpleasant side effects.

When: Nov 23, 2020 06:30 PM London Topic: TRAP Trial - Targeted Radiotherapy in Androgen-suppressed Prostate Cancer Patients. (TRAP)

Register in advance for this webinar: https://prostatecanceruk.zoom.us/webinar/register/WN\_yg85w6krTmScIwip0IzjFA

After registering, you will receive a confirmation email containing information about joining the webinar.

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Webinar Speakers

#### Alison Tree (Doctor @Institute of Cancer Research)

Alison Tree was appointed as a consultant clinical oncologist at the Royal Marsden hospital in 2014, specialising in urological malignancies. She holds an Associate Honorary Faculty position at the Institute of Cancer Research. Her MD thesis was on stereotactic radiotherapy techniques for prostate and oligometastatic cancer.

She is on the NCRI Prostate CSG committee, the UK SABR consortium committee and the editorial board of Clinical Oncology. She is CI of the TRAP, DELINEATE and PRISM studies, lead for the PACE C trial and co-investigator of the PIVOTALboost and InPACT trials. Her research has received funding from Prostate Cancer UK, Cancer Research UK, the Rosetrees Trust, the JP Moulton foundation, and Elekta. She is prostate lead for the MR Linac consortium. Her current research interests include technical radiotherapy improvements in localised prostate cancer, oligometastatic and oligoprogressive disease.

Andrew is one of our members and he is starting a new group. See the information below.

# **New - Virtual Prostate Brachytherapy UK Support Group**

Only about 5% of radiotherapy patients are treated with brachytherapy, which means most support groups only have at most one or two brachytherapy patients at their meetings. In order to provide an environment where brachytherapy patients can share experiences and learn from each other, I'm starting a virtual Prostate Brachytherapy group on Zoom for patients who have had, or who are considering prostate brachytherapy, so that they can talk and share experiences with similar patients.

Patients who would like to join should contact Andrew Gabriel <<u>andrew.gabriel@tackleprostate.org</u>>

The first meeting will be on Thursday 26th November, opening at 6:45pm for a 7pm start.

Topic: Prostate Brachytherapy UK Time: Nov 26, 2020 18:45 London

Join Zoom Meeting https://zoom.us/j/95132248485?pwd=UlJoNVZBUjEzWWN0N2dZYIBnQIRLUT09

Meeting ID: 951 3224 8485 Passcode: 725385 One tap mobile +442080806591,,95132248485#,,,,,0#,,725385# United Kingdom +442080806592,,95132248485#,,,,,0#,,725385# United Kingdom

Dial by your location +44 208 080 6591 United Kingdom +44 208 080 6592 United Kingdom +44 330 088 5830 United Kingdom +44 131 460 1196 United Kingdom +44 203 481 5237 United Kingdom +44 203 481 5240 United Kingdom Meeting ID: 951 3224 8485 Passcode: 725385

And for those of you who didn't see this one last time it is being repeated

Back with an UPDATED version of his hugely popular talk : *Erectile Dysfunction after Prostate Cancer Treatment,* we are delighted to invite you again to join us for what will no doubt be an engaging and candid talk.

Perhaps you've watched the first webinar on-demand and you have a question you would really like to ask, why not come and join us for the LIVE webinar and get to ask Steve direct.

#### When: Nov 24, 2020 06:30 PM London

Topic: UPDATED VERSION: Erectile Dysfunction after Prostate Cancer Treatment

Register in advance for this webinar: https://prostatecanceruk.zoom.us/webinar/register/WN 7sxa9G eQKSI6apxl0cSsg

# And finally from Macmillan:-

Please see the link below for an event on Facebook and YouTube. You may wish to advertise this to your membership.

# When is the event?

Wednesday 25 November, 6-7pm

# Background to the Event

During the pandemic, Macmillan has discovered from our social media shout-outs in September (Instagram, Twitter and Facebook), that 94% of people want to hear from a case study, 94% want to hear about how to manage side effects, 95% want to hear about emotional support and 91% about rights at work.

It is hoped that this event will connect people with cancer together and highlight some of the support that is available during the pandemic. It will provide an opportunity for people to hear from Macmillan professionals and other people living with cancer on themes around: treatment and care since the pandemic; signposting to Macmillan support; loneliness and isolation; rights at work; and some of the queries that may come up in the live chat.

# What's the Event Format?

| 6-6.30 pm  | Mandy, a person living with cancer, in conversation with Terri (Macmillan communications manager). Broad discussion on themes.                                                                                                                                                                                                                               |
|------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 6.30 – 7pm | Presentations from a panel of colleagues across Macmillan, a Clinical Nurse<br>Specialist and the Macmillan Cancer Information Support team. Broad<br>themes will be: treatment and care since the pandemic, and the<br>implications of the pandemic on loneliness and isolation, signposting to<br>Macmillan support, works assessments and rights at work. |

During the event, people will be able to submit questions via a live stream.

After the event, the video will still be available to view on Facebook and YouTube and there will be a shareable link to the recording.

Please find the link below to the Facebook page.

https://www.facebook.com/macmillancancer/photos/-mark-it-in-your-diary-and-set-youralarm-our-in-conversation-with-macmillan-eve/10158591812647199/

Stay safe and well,

My very best wishes,

Maggie Email: <u>supportgroup@prostate-project.net</u> Tel: 01483 406 870 www.prostate-project.org.uk